

WEST HENDRED

AUGUST 2019 NEWSLETTER

DATES FOR YOUR DIARY

18 August	Family Service	Holy Trinity Church	9am
14 September	Ride and Stride		
21 September	Coffee Morning & Plant/Book Sale	WH Village Hall	10-12pm
22 September	West Hendred & Ginge Dog show	WH Play Park	

Deadline for next Newsletter 25 August 2019

West Hendred Not Just A Beer Festival 2019

After a fairly grey, cold and soggy late spring, the sun finally shone on West Hendred for the summer solstice and the 8th WHNJABF. With each successive year, the beer festival committee has endeavoured to retain the elements that made the previous year a success and introduce something new. This has only been possible because of the sponsorship support provided by local businesses and kind residents of West Hendred: Chapman Worth Accountants – for acting as the main sponsor for a second time. West Hendred Yoga (and also for giving up one of their sessions while we were setting up) Home Farm Salon. White Coco. Paul Stoter. Grounds Maintenance. QI. Larkmead Vets. Bellingers Garage. Piggy Squire. And kind village families: Budge, Luttrell-Hunt, Moynahan, Van Poortvliet, Axel-Berg, Williamson, Wyman, Spry, Denne, and Masters.

Our sincere thanks go to you all – without you it wouldn't be not just a beer festival, but not a beer festival at all!! Each year, the concern of the committee is always that people will no longer want to come and we will be left with large quantities of unsold food and drink and overheads that exceed income. However, each year these concerns have been unfounded and this year more people came and enjoyed the event than ever before. The total proceeds

raised exceeded £4,000 and have been

distributed to the following worthy local causes: The parish council for their appeal to raise funds to replace worn out play equipment in the playground. The village hall for its appeal to raise funds for an improved storage facility. The youth club for new equipment. Downs Golden Age. The village newsletter – to fund printing costs for the coming year. Champs Chapel Museum. Holy Trinity Church. 1st Cuckhamsley Scouts. The Air Ambulance.

This is a community event that is enjoyed by so many people and, as you can see from the list of causes supported, gives back to a wide range of other community activities to the benefit of all ages. However, it is an event that requires a significant amount of planning by a small team a long time in advance, and a massive amount of work at the event itself, by a much wider group. My sincere thanks go to everyone who helped in so many different ways. We are already making plans for next year, so if you would like to get involved, please get in touch by email to tim.hutchinson@outlook.com

West Hendred Summer Lunch – Saturday 13th July in aid of Holy Trinity Church

The Summer Lunch at Manor Farm House on Saturday 13th July raised over £1,534 for Holy Trinity Church. The new Rector, Orazio

Camaioni, together with his wife Silvia and baby Edward were very happy to meet so many people on this joyful occasion and enjoy the excellent food. Thank you to all who helped and assisted and the many of you who kindly volunteered the delicious food dishes which were thoroughly enjoyed by the many who attended. We would also like to say thank you for the many donations that were received for the raffle, tombola, cake stall and other prizes. All of this helped to make it such a success both socially and financially. It is always lovely to see the village coming together to make the Summer Lunch such an enjoyable social occasion. Even the weather stayed sunny, and not too warm for us! A big thank you goes to Lys and Peter Cook for use of their beautiful garden once again. Hugh Rees

Hendreds French Twinning Trip 2019

At the beginning of July 19 of us travelled to Sarceaux in Normandy where we received the usual extraordinarily warm welcome and local gifts from our French friends. Most of the first day was spent with our hosts including a fine open-air lunch and a range of visits in and around Argentan, from a boat trip on the Orne to a horse drawn carriage through medieval streets to a wonderful art installation which had opened on that day. In the evening the whole group met for aperitifs, Aunt Sally competition (the French won – again!) and barbecue – with more drinks on offer than probably wise.

Sunday, French and English alike piled into the coach and drove to a large and very attractive farm and stables dedicated to heavy horses. We watched a range of activities from farriers at work to grooming and cutting activities and a remarkable film about the ancient skills of the wheelwright. The sun shone as it had all weekend and we adjourned for a sumptuous four-course lunch in the Barn. The extraordinary 'spectacle' in the afternoon involved horses of many breeds doing a one hour show, including bareback riding to dressage and extraordinary feats of horsemanship including riding several horses standing up and the hair-raising speed of chariots chasing across and around the large space. Back at base the day ended with open-air cooking and a final meal with our families.

We returned on to our ferry on Monday via a

supermarket stop and a visit to Bayeux before picking up the return Brittany ferry and the coach home. The real heart of the weekend is the fun we have our French hosts; very few of us speak good French but it doesn't seem to matter and communication is not a problem. The kids in particular love it and we would dearly love more families to take part. The French will be coming here next year, so if you're at all interested in taking part in the festivities, give me a ring on 07977 502369. Lesley Lewis

Holy Trinity West Hendred Oxford Historic Churches Ride and Stride – Saturday 14th September Sponsorship forms available now!

Ride and Stride 2019 is now only weeks away so it's time to pump up your bike tyres, clean your walking boots or polish your stirrups. This year's sponsored event will take place on Saturday 14th September – money raised will be divided equally between The Oxford Historic Churches Trust and Holy Trinity Church West Hendred. Last year's grand total was a phenomenal final total of £1,325-10. Holy Trinity Church received half of sponsorship, which is £662-55; this was raised by 5 St/riders and well over 70 sponsorships, with 151 church visits. Over the last 5 years West Hendred has raised £4,848, and over the last 10 years £9,967. There are several "old hands", young and old, who will be participating. So please join us, either by Riding or Striding yourself, or sponsoring us. Sponsorship forms are available now in the church or from Hugh Rees on 833174.

August Church Services

Sunday 4th	Morning Prayer	9:00
Sunday 11th	Morning Prayer	9:00
Benefice Communion	Ardington	10:30
Sunday 18th	Family Service	9:00
Sunday 25th	Holy Communion	9:00

Cartoons and Cartoonists

An illustrated talk by Richard Ingrams (founder of Private Eye and The Oldie). Saturday, 21st September at 7pm in Snells Hall, East Hendred. Tickets to include wine and nibbles - £12 each from Hendred Village Shop or from hendredheritagesecretary@gmail.com (tel: 01235 833279)

In support of the East Hendred Heritage Trust

WEST HENDRED & GINGE VILLAGE DOG SHOW 22 September 2pm

A return of the much enjoyed Dog Show! Held around the Village Hall and in the Playpark (with kind permission of the Parish Council and The VH Committee).

This year's show will raise funds for a new fort in West Hendred playpark.

First Class starts at 2pm, and there will be rosettes and prizes, stalls, bar and teas throughout the afternoon.

Classes include: Best-looking Puppy (to 12 months); Waggiest Tail; Best Youngster (12-24 months); Best Trick; Scruffiest Dog; Best Junior Handler; Six Best Legs; Best Groomed Dog and Owner; Most Like Owner; Elderly Beauty (10 years+); Fancy Dress; and Best in Show.

If you would like to donate a prize or know of any company who might (we will thank the donor on the day and in the programme of events), please contact Sarah on 01235 833373 or sarahlloyd@qi.com.

Entry forms available from August or you can enter on the day.

Energy Survey (Possible Scam)

On 23rd July a village resident received a landline phone call advising that operatives from the 'Winter Warmer Scheme' backed by the big 6 energy companies were in the area tomorrow afternoon carrying out energy reviews and did they want an appointment? All very plausible sounding. They did an online search for 'Winter Warmer Scheme' - nothing came up and they then checked with Scottish Power who inevitably had never heard of it! Be warned.

Dog/puppy walker wanted

Afternoons over the school hols/W Hendred – please call Johnny on 07748644707)

Trampoline Giveaway!

Well used trampoline 12ft diameter. Protective padding around the edge needs replacing. Free to anyone wishing to collect it. Jane 07887744214

The deadline for next month's newsletter is 25th August

Hand delivered items – please place your article in an envelope marked clearly 'WH Newsletter' and deliver to Janet Trotman, Tean, The Millham Tel: 833531

Alternatively, you can send items for inclusion to our email address: newsletter@westhendred.net

Pension Credit entitles over-75s to free TV licence – Citizens Advice

The BBC is planning to start charging over-75s for their TV licences unless they receive Pension Credit. Pension Credit is a benefit for people on low incomes who have reached the state retirement age. Currently, those aged 75 or older receive free TV licences which cover them and anyone else they live with. However, as from June 2020, over-75s will be means tested for the free licence. It is thought that more than three million people will no longer be eligible to receive it.

But if you can provide evidence that you get Pension Credit, you can continue to receive a free TV licence. Over a million people who qualify for Pension Credit aren't claiming it, the government says, so it's worth checking your eligibility. Call the Pension Credit claim line on 0800 991 234 Monday to Friday 8 a.m. to 6 p.m. to find out about your entitlement. Alternatively visit <https://www.gov.uk/pension-credit>

You'll need to quote your National Insurance number and be able to give details of your savings and pensions, as well as the account into which you want your Pension Credit paid.

If you live in a care home or sheltered housing you can get an Accommodation for Residential Care licence which costs £7.50. You only need this if you watch TV in your own separate accommodation.

If you need help understanding this change, telephone Citizens Advice Adviceline on 03 444 111 444 or come and see us in person. For locations of offices and opening hours visit <https://www.citizensadvice.org.uk/local/oxfordshire-south-vale>

WEST HENDRED AND GINGE VILLAGE HALL NEWS

HALL LETTINGS All hall enquiries/bookings should be made via email to villagehallbookings@westhendred.net . Web Site: www.westhendred.net .

Bookings Team – Vacancy We currently have 1 vacancy in the West Hendred Village Hall bookings team. These voluntary positions are a good way of being part of village life, helping the hall run smoothly and being part of a great team. The workload isn't large (approx. a couple of hours a week) and is shared between the 3 booking officers, so cover is provided if a member of the team is unavailable. Full guidance and support will be given. No previous experience necessary. Please contact villagehallbookings@westhendred.net if you would like more information about the role.

DATES FOR YOUR DIARY

Family Service – Sunday 18th August 9AM The Family Service and Sunday club at 9AM will be in the Church.

REGULAR EVENTS AT THE HALL INCLUDE:

KONGA every Friday term time. 9.30 - 10.30 am £5 per class. NEW! Konga is a fusion of Boxing, Cardio, Dance & Sculpting set to the hottest sounds of music. This fitness routine is designed to get results through increasing fitness levels and redefining your physique. Can burn approximately 700 calories from one class. For more information Contact Rachel Lock on 07801 824293.

Youth Club – On holiday until September, third Friday - 7 pm to 9pm The Youth Club held a very enjoyable Summer Party on Friday 19th July. Please contact for more information, Penny Meston. **Adult helpers are urgently needed!** Anyone interested in helping to run the youth club should contact Penny. We need adult helpers to go on a Rota. If we get enough, it could mean only helping once or twice a year as it is a monthly Youth Group. Please contact Penny: 01235 832113.

Coffee Morning, plant, and book sale – Saturday 21st September 10 am – 12 noon Thank you to all who came and supported the late June sale, which raised £30-80. So far this year you have raised £232-67. Many nearly new cookery and childrens books! Also a variety of hardy plants, and fantastic summer plants. The next sale is in September. All proceeds are for the Village Hall. Please contribute - Hugh and Annabel on 833174.

Mother and Baby/Toddler Group Monday mornings' 10.15am to 11.45. Get together in the hall and meet/chat to other local mothers. Fathers welcome too. Just drop in.

West Hendred Stitchers - meet on 2nd & 4th Tuesdays in the month 10am - 4pm. Open to everyone who'd like to stitch with friends in a warm and sociable atmosphere. Beginners welcome. Work on individual projects. Tea & coffee provided. Bring own lunch. Further information from Jane Soffe 01235 832554

Pilates - Monday evenings 7 to 8 pm, Wednesdays 6 to 7 pm, and 7.15 to 8.15 pm Please contact Charlie Prince on 07581462317, or charlie@princepilates.co.uk , or see Charlie's website for more information about classes etc. www.princepilates.co.uk

YOGA Tuesdays 6 – 7pm Yoga with mindfulness for teens Focusing on strength and flexibility as well as strategies to deal with exam stress and aid relaxation. Ideal as sport or skill for Duke of Edinburgh awards. **Please call 01235 863647 to book a place.**

Thursdays 9.15-10.45 am Yoga for beginners and improvers. Classes started again on the 25th April **Thursdays 11-12.15 Gentle yoga** For further information on any of these courses and to enrol, please contact Linda on 01235 863647. (British Wheel of Yoga and TeenYoga teacher)

Village Hall Committee Contacts Hugh Rees (Chair) 01235-833174 / 07802-416031 Sarah Lloyd 01235-833373