

# **WEST HENDRED**

## **SEPTEMBER 2019 NEWSLETTER**

<b>14 September</b>	<b>Ride and Stride</b>		
<b>15 September</b>	<b>Family Service</b>	<b>Holy Trinity Church</b>	<b>9am</b>
<b>21 September</b>	<b>Coffee Morning</b>		
	<b>Plant/Book Sale</b>	<b>WH Village Hall</b>	<b>10-12pm</b>
<b>22 September</b>	<b>Harvest Festival Communion &amp; Breakfast</b>	<b>Holy Trinity Church</b>	<b>9am</b>
<b>22 September</b>	<b>West Hendred &amp; Ginge Dog Show</b>	<b>WH Play Park</b>	<b>2pm</b>

Deadline for next Newsletter 25 September 2019

**Holy Trinity West Hendred  
Oxford Historic Churches Ride and Stride  
Saturday 14<sup>th</sup> September  
PLEASE SPONSOR ST/RIDERS and  
WELCOMERS!**

This year's sponsored event will take place on Saturday 14<sup>th</sup> September – money raised will be divided equally between The Oxford Historic Churches Trust and Holy Trinity Church West Hendred. Last year's grand total was £1,325-10, so Holy Trinity Church received half of the sponsorship, which is £662-55. Over the last 5 years West Hendred has raised £4,848, and over the last 10 years £9,967. There are several "old hands", young and old, who will be participating. So please join us, either by Riding or Striding yourself, or sponsoring us. If you can't do Saturday 14<sup>th</sup> September, you can Ride & Stride on any day that is good with you, but without welcomers, and just sign yourself in. Sponsorship forms are available now in the church or from Hugh Rees on 833174.

**Harvest Festival Communion  
9am Sunday September 22nd**

We celebrate Harvest Festival on Sunday 22nd September. After the Harvest Festival Communion Service we will be having a Harvest Festival Breakfast. Come along and join us in our lovely decorated church, together with bacon rolls and croissants with coffee and orange juice. (all free!)

**WEST HENDRED DOG SHOW  
SUNDAY 22nd SEPTEMBER**

**FIRST CLASS at 2pm** Entry - £3 per Class/  
Entries open at 1.15pm Entry forms -  
www.westhendred.org OR On the Day  
*Raising funds for a new "Multiplay" in West  
Hendred playpark – the Parish Council has been*

*advised that the Play Fort should be taken out of  
commission as soon as possible.*

Rosettes and prizes. Bar and Teas. Stalls.  
**CLASSES: Best-looking Puppy (to 12  
months) Waggiest Tail. Best Youngster (12-  
24 months) Best Trick. Most Characterful  
Dog. Best Junior Handler. Six Best Legs. Best  
Groomed Dog and Owner. Most Like  
Owner. Best Veteran (10 years+) Fancy  
Dress ... and Best in Show.** Anyone who can  
donate a prize/help on the day/bake a cake please  
contact Sarah on 01235 833373 or sarahlloyd  
@qi.com. Thank you!

**Lots of new exciting things happening at The  
Extraordinary Hare!**

We have the Macmillan Cancer support coffee  
morning on 27th September 10am. Please join in  
with your own home baked/bought cakes to raise  
money for this important cause! Our new menu is  
here and our weekly quiz is coming in October,  
please keep a look out for the date! Are you a keen  
Aunt Sally player? We are looking for team  
members before the new winter season starts!  
Mechelle Quinn, Manager  
mechelle@thehare-pub.co.uk

**Yellow letters - Residents must confirm their  
details!**

This August every home in South Oxfordshire and  
the Vale of White Horse will receive a yellow letter  
(a 'Household Enquiry Form') requiring residents to  
confirm everyone over the age of 16 who lives in  
their property. When the arrives, simply visit  
householdresponse.com/southandvale<[http://www  
.householdresponse.com/southandvale](http://www.householdresponse.com/southandvale)> to confirm  
that your details are correct or, if not, provide the  
correct information. You will need the 2-part code  
on the front of your yellow letter to do this. South

Oxfordshire and Vale of White Horse District Councils need this information to make sure everyone who is eligible to vote is able to do so in future elections, including the Police and Crime Commissioner elections in May 2020. Anyone who doesn't have access to the internet can confirm their details by completing and returning the form that comes with the letter in the reply paid envelope. If your details are correct you can confirm this by phone or text – the details required for this are included on the yellow letter. **Important, by law, each household must confirm their details, even if they are correct. Anyone who fails to do so could be fined up to £1,000.** Communications South Oxfordshire and Vale of White Horse District Councils 01235 422400

[www.southoxon.gov.uk](http://www.southoxon.gov.uk)

<http://twitter.com/southoxon>

[www.whitehorsedc.gov.uk](http://www.whitehorsedc.gov.uk)

<http://twitter.com/whitehorsedc>

### **Mourning the loss of Freddy Clarke**

On 19<sup>th</sup> July West Hendred lost one of its senior residents, when Freddy Clarke died peacefully at home, aged 90. Freddy moved into the village in October 1968, with his first wife and three young children. After several years in East Hendred they had at last found a disused corner plot crying out for the beautiful home and garden that Freddy had been saving to build.

Born in Harrow in 1929, Freddy's schooling was interrupted first by evacuation during the war years and secondly, at the age of 16, to take up an engineering apprenticeship. In those days there were no government grants or loans for a university education; Freddy still had to finance his own way to a physics degree. And in 1954 that led him to a research job in the Metallurgy Division of Harwell Laboratory. Soon he gained a PhD and for ten years continued research into defects in nuclear ceramics such as beryllium and magnesium oxides. By 1964 he was Head of the Harwell Ceramics Centre, and in 1968 —whoosh! - became Head of the whole Materials Division. As well as engineering and physics, Freddy was good at scenting the winds of change — in particular a public and political questioning of the role of nuclear power. For the rest of his career, Freddy was to fight for a sustainable, diversified future for the AEA (Atomic Energy Authority). As a first step in 1971 he became Marketing Director for the Harwell and Culham Laboratories. He helped Harwell to win business in contract research, and set up spin-off companies such as Advanced Materials Engineering Ltd., to exploit the AEA's technology.

In 1976, as Research Director (Energy), Freddy's main office moved to Whitehall when he was attached to the government's Department of Energy while still responsible for the AEA's non-nuclear energy programmes. Renewable energy

became his main field of action, as he headed numerous high-powered committees with remits as varied as biofuels, solar heating, offshore technology, energy conservation., and more. In 1981, at around the time that Walter Marshall took over as Chairman of the UKAEA, Freddy was appointed Director of Strategic Studies and the two worked closely together. They shared a belief that Authority staff needed commercial skills and business acumen as well as the scientific brilliance for which they were already renowned. But political forces moved Marshall to the CEBG in 1983, and a series of crises in the eighties, such as the long miners' strike and the famous Chernobyl disaster, shook public confidence in the safety of nuclear power. Freddy's stance on diversifying the Authority's remit was vindicated. He held a succession of influential Directorships, overseeing the AEA's adoption of information technology as well as the efficiency of its management practices, and eventually reorganising the reformed "AEA Technology" along business lines intended for a more commercially oriented future.

On retirement at the end of 1990, however, he decided to make a complete break, and threw himself into work for charities. "It's time to give something back," he said. Through the volunteering charity Reach he discovered that finding a competent Treasurer is often difficult for voluntary organisations. And so taught himself accountancy, including the specialised requirements of Charity legislation. A succession of charities, such as Age Concern and the Alzheimer's Society, benefited from his services over the next two decades. For example he spent several years supporting the "SPECAL" group based in Burford, who help dementia sufferers and their carers to maintain a good quality of life for as long as possible. After the NHS withdrew services from the Burford Community Hospital in 2000, Freddy led the delicate negotiations so that SPECAL could take over the hospital facilities. The work of a Charity Trustee is demanding, and so in his eighties Freddy gave that up too. But rest does not come easily to a man with a reputation for leadership, efficiency, strategic thinking and meticulous attention to detail. In 2011 he was asked to chair one of the subcommittees set up in West Hendred to develop a Village Plan. Inspired by his example the 7 members of the Transport, Policing and Security committee worked long and hard on issues such as the dangers of traffic speeding through the village, and the controversial proposal to allow a cycle route through the main Churchyard.

In the last few years of his life mobility issues slowed Freddy down, but never stopped his enquiring mind and determination to manage the household responsibly. His great pleasure was to look out across the immaculate garden he had established, towards a lovely view of West Hendred's church and scenery, before returning

to study one of his books on the physics and philosophy of time and theories of an n-dimensional universe. This autumn his family hope to plant an oak tree in the village, in memory of his inspiration to us all.

**Saturday September 21st 10.00am -2.00pm**  
**Wantage Health Centre** Health and Wellbeing Event; "Looking after yourself". Stands, activities to join in, talks, demos, refreshments. Run by the Patient Groups of Church Street & Newbury Street practices assisted by staff, Guides, Scouts and sponsored by Assura, the Health Centre Landlords.

**Thursday Sept. 26th 7.00pm**  
**Wantage Health Centre**, the second of a series of Health Talks organised by the PPGS of both practices "Diabetes: Causes, Care, Control" given by Professor Tan, diabetes consultant.

### September Church Services

Sunday 1 <sup>st</sup>	Morning Prayer	9:00
Sunday 8 <sup>th</sup>	Morning Prayer	9:00
	Benefice Communion	10:30
Sunday 15 <sup>th</sup>	Family Service	9:00
Sunday 22 <sup>nd</sup>	Harvest Festival	
	Communion	9:00
	Harvest Breakfast	
Sunday 29 <sup>th</sup>	Morning Prayer	9:00
	Benefice Communion	10.30
	Lockinge	

### General guidance issued by SSEN on power failure during storms

Some of you are not be SSEN customers but may benefit from some of the advice.

**Before you do anything else, it's worth speaking to your neighbours to see if their power is out.** If it's dark, check to see whether the streetlights have gone off too.

If your neighbours don't have power or the streetlights are off, there may be a power cut in your area. If you think you have a power cut, call 105 to get up-to-date information. SSEN should also be able to let you know roughly when they expect power will be back on. If you have concerns about a vulnerable family member or community member who may also be impacted by the power cut, again please call 105 and SSEN's teams will do all they can to help. You can call 105 from most phones. If your phone doesn't support it, call the local emergency number: 0800 072 7282

If your neighbours still have power or the street lights are still on, there could be an issue with your fuses or switches. First of all, if you don't know how to check your trip switches, or are unsure what they all mean, please call 105 and a trained advisor will be able to help. You may find that your trip switches have tripped or your fuses have blown. If so, you could be using a faulty appliance or there might be a fault with your wiring. **If the**

**trip switch is on**, turn it off and on again.

Sometimes a safety feature can activate, and this will reset it. If that doesn't solve it, push the test button. The switch will trip if electricity is coming into your home. This means the fault is either to do with your wiring or an appliance that isn't working as it should. If the switch doesn't trip, there's no electricity coming into your home. **If the trip switch is off**, try to switch it back on again. If it then stays on but you still don't have power, check the main switch on the fuse box is on. Or, if the trip switch trips again straight away, turn the fuse box off and turn the trip switch back on. The trip switch should then stay on. If it doesn't, you've got a fault with your fuse box or the trip switch itself. It may be that an appliance is making the switch trip. Try switching all your appliances off and putting them back on one at a time. If you think there's a fault with your appliances, fuse box or wiring, get a qualified electrician to fix it. Don't try to repair it yourself. **IF YOU COME ACROSS ANY DAMAGED TO SSEN'S EQUIPMENT OR YOU SEE A POWER LINE THAT HAS BLOWN DOWN, DO NOT APPROACH IT AS IT MAY STILL BE LIVE: CALL 105 AND AN ENGINEER WILL BE OUT AS SOON AS POSSIBLE.**

**Oxfordshire County Council Report from Mike Fox-Davies** your Oxfordshire County Councillor for Blewbury, Upton, Chilton, Harwell, Steventon, East Hendred, West Hendred and Ardington.

Over the past couple of months, I have attended meetings of the Full Council and the three main committees of which I am a member. These are the Joint Health Overview Scrutiny Committee (JHOSC); the Performance Scrutiny Committee (PSC); and the Planning and regulations Committee. I also carry out duties as Deputy Chairman (Back Benchers). One major success for residents was a motion I presented in July to Full Council as I have had many complaints from parishes about the slow adoption by the County of infrastructure on new housing developments, where the Contractors had finished the housing, but was not finishing the ancillary works necessary for OCC to sign off on the infrastructure as complete. I was surprised to find that such powers currently exist but were not being applied by the officers responsible. So, the motion changed to DEMAND that the OCC Directorate responsible used ALL the powers at their disposal to ensure the contractors delivered on their responsibilities ASAP.

### The deadline for next month's newsletter is 25<sup>th</sup> August

Hand delivered items – please place your article in an envelope marked clearly 'WH Newsletter' and deliver to Janet Trotman, Tean, The Millham Tel: 833531 Alternatively, you can send items for inclusion to our email address: newsletter@westhendred.net

## WEST HENDRED AND GINGE VILLAGE HALL NEWS

### HALL LETTINGS

All hall enquiries/bookings should be made via email to [villagehallbookings@westhendred.net](mailto:villagehallbookings@westhendred.net)

Web Site: [www.westhendred.net](http://www.westhendred.net) .

### DATES FOR YOUR DIARY

#### REGULAR EVENTS AT THE HALL INCLUDE:

#### **KONGA every Friday term time. 9.30 - 10.30 am £5 per class! - Restarts 6<sup>th</sup> Sept**

Konga is a fusion of Boxing, Cardio, Dance & Sculpting set to the hottest sounds of music. This fitness routine is designed to get results through increasing fitness levels and redefining your physique. Can burn approximately 700 calories from one class. For more information Contact Rachel Lock on 07801 824293.

**Youth Club – On holiday until 13<sup>th</sup> September (tbc) - 7 pm to 9pm** Please contact for more information, Penny Meston. **Adult helpers are urgently needed!** Anyone interested in helping to run the youth club should contact Penny. We need adult helpers to go on a Rota. If we get enough, it could mean only helping once or twice a year as it is a monthly Youth Group. Please contact Penny: 01235 832113.

#### **Coffee Morning, plant, and book sale – Saturday 21<sup>st</sup> September 10 am – 12 noon**

Thank you to all who came and supported the late June sale, which raised £30-80.

So far this year you have raised £232-67.

Many nearly new cookery and childrens books!

Also a variety of hardy plants, and fantastic summer plants.

All proceeds are for the Village Hall. Please contribute - Hugh and Annabel on 833174.

**Mother and Baby/Toddler Group Monday mornings' 10.15am to 11.45.** Get together in the hall and meet/chat to other local mothers. Fathers welcome too. Just drop in

**West Hendred Stitchers - meet on 2nd & 4th Tuesdays in the month 10am - 4pm.** Open to everyone who'd like to stitch with friends in a warm and sociable atmosphere. Beginners welcome. Work on individual projects. Tea & coffee provided. Bring own lunch. Further information from Jane Soffe 01235 832554

#### **Family Service – Sunday 15<sup>th</sup> September 9AM**

The Family Service and Sunday club at 9AM will be in the Church.

**Pilates - Monday evenings 7 to 8 pm, Wednesdays 6 to 7 pm, and 7.15 to 8.15 pm** Please contact Charlie Prince on 07581462317, or [charlie@princepilates.co.uk](mailto:charlie@princepilates.co.uk) , or see Charlie's website for more information about classes etc. [www.princepilates.co.uk](http://www.princepilates.co.uk)

### YOGA

**Tuesdays 6-7pm Yoga with mindfulness for teens** Focusing on strength and flexibility as well as strategies to deal with exam stress and aid relaxation. Ideal as sport or skill for Duke of Edinburgh awards. **Classes start on 17<sup>th</sup> September.**

**Thursdays 9.15-10.45am Yoga for beginners and improvers**

**Thursdays 11 – 12.15 Gentle yoga** (including chair yoga)

**Classes start again on 19<sup>th</sup> September.** Not sure if yoga is for you? Come along for a free trial lesson!

For further information on any of these courses and to enrol, please contact Linda on 01235 863647 or [linda@soderstrom.myzen.co.uk](mailto:linda@soderstrom.myzen.co.uk) (British Wheel of Yoga and TeenYoga Teacher)

### Village Hall Committee Contacts

Hugh Rees (Chair) 01235-833174 / 07802-416031

Sarah Lloyd 01235 833373