

WEST HENDRED

December 2019 **NEWSLETTER**

DATES FOR YOUR DIARY

13 /4 December	7:30pm	Christmas Cracker	Snells Hall
20 December	5:30pm	Carols round the village	WH Village Hall
20 December	5:30pm	Youth Club	WH Village Hall
20 December	6:30pm onwards	Carols and mince pies	WH Village Hall
24 December	3:00pm	Crib Service	Holy Trinity Church
25 December	9:00	Christmas Communion	Holy Trinity Church
25 December		See table for other services	
26 December	12:30	Tug of War	The Hare

Deadline for next Newsletter 27 December 2019

Poppy Appeal 2019 - West Hendred

Remembrance is a special time of year and this year's events were very well supported. This year the Poppy Appeal is hoping to raise £50 million to help support serving and ex-serving members of the Armed Forces community and their families. A huge **Thank You** to the villagers of West Hendred, and to the volunteer collectors who have so far collected £705.40 for this years Poppy Appeal. To be precise £705.40, 2 Swiss Francs, 1 Euro Cent and 1 Helmsman (locked token) from Bury St Edmunds! With gift aid and other donations I'm hopeful this total will be over £800, which is amazing for a small but generous village.

A special **Thank You** to the Hare PH whose customers donated £56.92 (mainly in small change!) and to Larkmead Vets whose customers donated £100.89.

Nigel Findley

OUR PLANET, OUR FUTURE

Thank you to all who came to the talk by Martin Spray, CEO Wildfowl & Wetlands Trust, on positive changes in direction needed to confront the environmental crisis facing us.

The key message was that policies need to connect to people's lives if they are to work long term. Martin acknowledged how important David Attenborough has been as a great ambassador for nature and we learned about Sir Peter Scott who founded the WWT.

Because of its Victorian passion for collecting and archiving, the UK used to be the envy of the world, but it's clear that the environment is much lower on the UK political agenda today by comparison to countries like Malaysia, South Korea and China.

When asked in the Q&A what we could individually do, Martin answered that we can all make a contribution in the right direction by growing native flowers, creating rain water ponds, and by examining the environmental policies and commitment of each candidate when choosing how to vote.

The biggest challenge is us!

Sarah Lloyd

Holy Trinity Church West Hendred **Oxford Historic Churches Ride or Stride**

This year's sponsored event took place on Saturday 14th September.

We're continuing to collect money from sponsors. So far we have raised over £747 from sponsors! As we go to press, there's still quite a few more sponsorships to collect, so hopefully we'll raise over £1,000!

Thank you to all to took part, and all who have sponsored.
Hugh Rees

♪♪♪ COME AND SING CAROLS ♪♪♪....

Enjoy the true spirit of Christmas by singing carols around West Hendred.

We'll meet at 5.30pm on **FRIDAY 20th DECEMBER** at West Hendred Village Hall or you could join us en route? Or meet back at the hall for a glass of mulled wine and a mince pie from 6.30pm onwards.

All donations are collected for Helen & Douglas House Children's Hospice.

EVERYONE WELCOME! For more details contact Angela 862912 or Patsy 835113

Annual Tug of War Returning to The Hare!

Thurs 26th Dec from 12.30

Venue: The Extraordinary Hare (by kind permission).

Anyone interested in being on a team, please contact Sonya Bashford
bashfordsonya@gmail.com

Samaritan's Purse Operation Christmas Child Shoebox Appeal

Thank you so very much to all who took part in the appeal this year by donating a box/boxes or by giving a donation. I am happy to say they have begun the journey overseas to bring love and hope to extremely needy children. Please note that contrary to our note in the October newsletter, we will be collecting again next November. Many, many thanks for all the support.
Patsy and Angela

December West Hendred Church Services

Sunday 1st	Morning Prayer	9:00
Sunday 8th	Morning Prayer	9:00
	Benefice Communion Ardington	10:30
Sunday 15th	Family Service	9:00
Sunday 22nd	Holy Communion	9:00
Tuesday 24 th	Crib Service	3:00 pm
Wed 25th	Holy Communion	9:00
Sunday 29th	Morning Prayer	9:00
	Benefice Communion	10:30

Other Christmas Services in the Benefice

Sunday 1st	Ecumenical Christingle (EH)	4:00pm
Sunday 8th	Advent Carol Service (A)	6:00pm
Friday 18th	Hendred School Carols (EH)	6:00pm
Sunday 15th	9 lessons and Carols (L)	6:00pm
Tuesday 24th		
	Ecumenical Crib Service (St Mary's EH)	4:00pm
	Crib Service (A)	6:00pm
	Midnight Mass (L)	10:30pm
Wed 25th	Holy Communion (A)	8:00
	Holy Communion (EH)	10:30

Also Compline service at West Hendred at 6:30pm
On Weds. 4th, 11th and 18th December

The Christmas Cracker is Back!

Come and see Springline's fun-filled show at Snells Hall

Friday 13 and Saturday 14 December

7.30pm

Tickets at Hendred Stores

**£15 pp which includes a
ploughman's supper**

Buy a table of 10 or individual ticket.

Cash Bar

Holy Trinity Church, West Hendred Christmas Cards NOW ON SALE

We've a new Christmas Card design using a photograph taken in February 2019, printed to similar high-quality of the 2009, and 2011 designs. We've also refreshed the very popular 2009 design, which is re-printed on high-quality textured card.

We've a limited number of the 2011 cards still available.

The Cards are on sale in the church, and cost £5 for a pack of 10 cards(with envelopes); they are sold in aid of repairs to Holy Trinity Church.

The greeting inside the card is

*Best Wishes for
Christmas and the New Year*

Also available are packs with no greeting inside the card.

West Hendred Parish Council

You may have noticed that the old fort in the playing field has been removed.

Work is progressing well with the installation of the new fort; the groundworks are scheduled to be carried out in early December.

More news soon.'

Hendreds Twinning Group

Plans are afoot for welcoming visitors from our twinned community of Sarceaux in Normandy over the weekend of July 4th. – 6th. 2020 There are usually about 25 French visitors, with a wide range of ages and backgrounds, from families with primary-aged children to single adults and pensioners. There are no unaccompanied children among them, all travel with one or more parent or guardian. All our visitors stay with local hosts, and we try to match hosts – families, couples and individuals – with visitors ages and interests as far as possible.

The visitors usually arrive here from the overnight ferry to Portsmouth early on the Saturday morning, welcomed by a brief reception to renew old friendships and introduce new hosts to their visitors. Saturday evening sees a meal and entertainment for everyone in Snells Hall East Hendred, and Sunday a local expedition followed by an evening meal with hosts, usually with two or more host families joining forces to share the cooking and conversation. The visitors depart for Portsmouth after breakfast on the Monday morning, to enable hosts to go to work and school where necessary.

Would you like to offer to host one or more of our visitors for a meal, accommodation or an outing? One or more new hosts usually needed, since 'regulars' sometimes have to drop out for family reasons. It's not necessary to live in the Hendreds. Speak little or no French? Most of the French speak some English, and any remaining gaps can be filled by a sense of humour, a dictionary or a mobile phone! Children play happily with each other, cementing rudimentary school French lessons and enjoying their interactions.

Contacts:

Lesley Lewis lesleylewiswh@outlook.com

07977 502369

Margaret Sharp m.l.r.sharp@btinternet.com

Crime Prevention

Now is the ideal time to look at your home security. If you're not at home during the hours

of darkness, you may be at an increased risk of burglary. If no light is on in your home, curtains are not drawn, and no car is in the drive, it's an obvious sign to an opportunist burglar that nobody is at home. At this time of year it pays to secure your home.

There are a number of simple and free ways to do this, all of which will help reduce the chance of your home becoming a target.

Visit a local retailer and pick up a 24-hour segment timer for under £5. The timer can be used with a lamp, radio or TV to give the impression that someone's home. Remember to use an energy efficient light bulb.

Register your valuables on www.immobilise.com it's free and takes just a few minutes and if your valuables are stolen, will allow you to tell the police, your insurer, and the second-hand trade to assist in recovering your property and catch the thief

Keep valuables out of sight.

Lock your doors and windows, if you have a UPVC door, make sure you have double locked it.

The deadline for next month's newsletter is 27th December

Hand delivered items – please place your article in an envelope marked clearly 'WH Newsletter' and deliver to Janet Trotman, Tean, The Milllham Tel: 833531 Alternatively, you can send items for inclusion to our email address: newsletter@westhendred.net

East and West Hendred Church Bells

The bells at both churches will be rung to celebrate Christmas, but the number of ringers available to provide this traditional sound to celebrations is becoming critical for it to continue. Our numbers are depleted by young people leaving the parishes to start new lives elsewhere, and the older ones falling off the end!

You may have notice random bells being rung on Saturday mornings. These are teaching volunteers how to ring and join the team, but more people are require to gain the skill (it is fun too!). If you would like to try your hand, come along (11:00am Saturdays, over 10 and 4.5ft). If you would like more information, ring me, Dave Trotman on 01235 833531

WEST HENDRED AND GINGE VILLAGE HALL NEWS

HALL LETTINGS

All hall enquiries/bookings should be made via email to villagehallbookings@westhendred.net . Web Site: www.westhendred.net .

DATES FOR YOUR DIARY

Christmas drinks & mince pies – Friday 20th December – 5-30pm to 7-15 ish

A changed date for your diary, involving Mince Pies, Mulled wine, and Carol Singing.

Come along and join us!

Our Planet, Our Future - Working for a Better World - Friday, November 15th

A really BIG THANK YOU to Martin Spray for such a compelling and interesting talk.

Also many thanks to all who helped with delicious soup and quiches, bar sales, tickets, projection and all the other activities to make for a great event.

JAZZ IN THE VILLAGE – FRIDAY 20th March 7-30 to 10pm

Ian Millar (Saxophone) & Dominic Spencer (Piano) play high quality, sophisticated, melodic jazz, improvising on standards and original compositions.

Jazz in the Village returns to West Hendred following their very successful and popular appearance here in January 2017!

Doors open at 7-30pm, concert starts at 8PM

Licensed Bar. Tickets £10 each. More details to come!

REGULAR EVENTS AT THE HALL INCLUDE:

KONGA every Friday term time. 9.30 - 10.30 am £5 per class!

Konga is a fusion of Boxing, Cardio, Dance & Sculpting set to the hottest sounds of music. This fitness routine is designed to get results through increasing fitness levels and redefining your physique. Can burn approximately 700 calories from one class. For more information Contact Rachel Lock on 07801 824293.

Youth Club – Friday 20th December – Evening 5-30pm

Youth Club will join in with Carol singing, starting at 5-30pm at the Village Hall.

The Youth Club meets on Friday usually at 7 pm – third Friday in the month.

Please contact for more information, Penny Meston.

The Youth Club is joining in the Carol Singing.

Adult helpers are urgently needed! Anyone interested in helping to run the youth club should contact Penny.

We need adult helpers to go on a Rota. If we get enough, it could mean only helping once or twice a year as it is a monthly Youth Group. Please contact Penny: 01235 832113.

Coffee Morning, plant, and book sale – Saturday 18th January 10 am – 12 noon

Thank you to all who came and supported the November sale, which raised £38-65.

The grand total for 2019 you have raised 293-32.

Many nearly new cookery and childrens books!

Also a variety of hardy plants, and fantastic summer plants.

All proceeds are for the Village Hall. Please contribute - Hugh and Annabel on 833174.

Mother and Baby/Toddler Group Monday mornings' 10.15am to 11.45. Get together in the hall and meet/chat to other local mothers. Fathers welcome too. Just drop in

West Hendred Stitchers - meet on 2nd & 4th Tuesdays in the month 10am - 4pm. Open to everyone who'd like to stitch with friends in a warm and sociable atmosphere. Beginners welcome. Work on individual projects. Tea & coffee provided. Bring own lunch. Further information from Jane Soffe 01235 832554

Pilates - Monday evenings 7 to 8 pm, Wednesdays 6 to 7 pm, and 7.15 to 8.15 pm

Please contact Charlie Prince on 07581462317, or charlie@princepilates.co.uk , or see Charlie's website for more information about classes etc. www.princepilates.co.uk

YOGA

Tuesdays 6-7pm Yoga with mindfulness for teens Focusing on strength and flexibility as well as strategies to deal with exam stress and aid relaxation. Ideal as sport or skill for Duke of Edinburgh awards.

Thursdays 9.15-10.45am Yoga for beginners and improvers

Thursdays 11 – 12.15 Gentle yoga (including chair yoga)

Not sure if yoga is for you? Come along for a free trial lesson!

For further information on any of these courses and to enrol, please contact Linda on 01235 863647 or linda@soderstrom.myzen.co.uk (British Wheel of Yoga and TeenYoga Teacher)

Village Hall Committee Contacts Hugh Rees (Chair) 01235-833174 / 07802-416031