

WEST HENDRED

NOVEMBER 2018 NEWSLETTER

DIARY OF EVENTS

18 November	Family Service	Holy Trinity Church	9am
30 November	Whalebone	WH Village Hall	7.30 -11pm
24 November	Coffee/Book/Plant Sale	WH Village Hall	10am – 12 noon
16 December	Christmas Event	WH Village Hall	2 - 4pm

Deadline for next Newsletter 25 November 2018

Oxford Historic Churches Ride or Stride

This year's sponsored event took place on Saturday 8th September.

We're continuing to collect money from sponsors. The total so far is over £450, with quite a lot more to come in.

A total of 13 st/riders visited the church, which included Charlotte Jenkins, Roy Lennox and also me.

Angela and Nigel Findley did their striding around Oxford on foot, and recount their Ride & Stride day.

'As some of you will know I've taken part in the Historic Churches Ride and Stride for many years, mainly cycling with my children, but this year I 'persuaded' Nigel to accompany me for the first time! We took this rare opportunity to combine the Ride and Stride with the Open Doors initiative in Oxford. This is one day each year when buildings that don't usually open to the public allow visitors, and in Oxford there are many beautiful buildings and churches. So, we set out early, arriving at the first churches before some of them were fully set up! Oxford is quite compact so we combined visiting c.20 churches with several other wonderful buildings and even stopped for lunch at the Bodleian Library. We naturally visited the famous landmarks: Christchurch cathedral and the University church on the High and enjoyed listening to their music. Personally, I liked small churches such as St Philip and St James Church on Woodstock Road, where the beautiful interior has become a welcoming library for international students.

We had an interesting day and walked c.12miles, raising funds for our church.

Our special thanks go to all who sponsored us.' Nigel & Angela

Thank you to all to took part, and all who have sponsored. Hugh Rees

Poppy Appeal 2018 - Khadi Poppy

With the Poppy Appeal 2018 in full swing, with events, commemorations, concerts and services, many will already be wearing their poppies with pride.

In this exceptional year marking the Centenary of the end of the First World War, the Royal British Legion is leading a national movement to say "Thank You" to the entire First World War generation - all who served, sacrificed and changed our world. We are thanking people of all Commonwealth nations - not just those that fell on the battlefield; but also those who played their part on the home front and those who returned to build a better future.

When war broke out the Commonwealth answered the call with volunteers from far and wide including pre-partitioned India, the Caribbean and Africa, all of whom make up a valued part of life in the UK. We recognise them as part of the global family of the free and equal nations of the Commonwealth and we honour their contribution to the First World War as second to none.

Almost 1.5 million Muslims, Sikh and Hindu men volunteered with the Indian including eleven Victoria Crosses. Expeditionary Force during the First World War. It was the largest

British Empire Armed Force besides the British Army itself. Indian troops were awarded over 13,000 medals for gallantry during the war. British India supported the war effort by providing, amongst other things, 3.7 million tonnes of supplies, 40 field ambulances, 2,327 doctors and 720 nursing orderlies.

In 2018, as part of the "Thank You" movement, the Royal British Legion will thank the British Indian Army for its service and contribution with a special Khadi Poppy, made of Khadi material but otherwise identical to the Legion red poppy. Khadi is very symbolic to the Indian community and is spun cotton popularised by Mahatma Gandhi who himself spun Khadi on his spinning wheel. These poppies are to raise awareness, to say "Thank You" and to encourage other British Asians to do the same.

Together we can ensure the Remembrance is understood and available to all and handed to the next generation. Please look out for them, say "Thank You" and wear your Poppy with pride.

Nigel Findley

Poppy Appeal Organiser - West Hendred

Samaritan's Purse Operation Christmas Child Appeal 2018

Thank you very much for boxes already received. Please can we have all boxes by Sunday November 11th. Thank you.

Patsy Jenkins 835113

Angela Findley 862912

Pheasants and Partridges

If anyone would like pheasants or partridges this season then please contact: Hugo Axel-Berg at hugo@sparsholtcourt.co.uk
hugo@sparsholtcourt.co.uk
or 07834776197

They will be free to those in the Village (or a voluntary donation to the Village Hall) if you take them in the feather, or a modest cost if you would like oven-ready birds.

Ardington Fireworks - always the best!

Saturday 3rd November

Gates open at 6pm, bonfire is being lit at 6.30pm, and fireworks fly at 7pm.

Car parking is free and entry is £5 per individual or £10 for a family.

Wantage Silver Band will be playing and there is a BBQ and bar with mulled wine and draught beer.

Always a great family outing!

East and West Hendred Church Bells

The bells of Holy Trinity, West Hendred and St Augustine's, East Hendred will be rung on the 11th November at about 7pm as part of the remembrance of the end of the First World War one hundred years ago. Ideally, the bells in both churches would be rung at 7:10pm, the time at which the armistice, which terminated the war, was signed, but we do not have sufficient ringers to achieve this aim.

A group of visiting ringers are coming to West Hendred on the 19th November to attempt to ring a full peal on our church bells. This involves 5040 different combinations of the bell striking order, and will take approximately 3.5 hours. It is now some years since our church has hosted this challenge.

We are always glad to welcome anyone who would like to learn the ancient craft of bell ringing, if you wish to try your hand, contact me, Dave Trotman on 833531

Church Services November

Sunday 4	Morning Prayer	9.00am
Sunday 11	Remembrance Holy Communion	9.00am
Sunday 18	Family Service	9.00am
Sunday 25	Holy Communion	9.00am

East and West Hendred WI

Meeting on 15th at 7.30pm in Snells Hall
And now for something completely different!!
Why not start the festive season by ringing the bells! It's entertaining, enjoyable and can even be part of an exercise regime!! Come along and meet Jackie O'Hagan and the St Denys Handbell Ringers. There will be an opportunity to have a go yourself or just sit and listen to the experts. No experience necessary.

The bell ringing is open to everyone of a womanly persuasion— regardless of age – but the meetings in December and January are for members only. As they both promise great fun perhaps now is the time to join our happy band so that you too can be part of the East & West Hendred team.

Visitors and new members always welcome. For more details please contact the President on 01235 224467 or email

jen@wpj.me.uk

Neighbourhood Policing Update - Rural crime

As with last month, the Autumn weather and harvested fields have brought a rise in hare coursing. The Neighbourhood team, with the help of local farmers and gamekeepers, are raising their visibility on the Ridgeway to deter this activity. Over the summer period the team have been providing visibility in beauty spot areas where dog walkers park due to a series of thefts from vehicles. **Contact us** on the police non-emergency number 101 or if it is an emergency then dial 999. Email WantageandGroveNHPT@thamesvalley.pnn.police.uk. Please note this email address cannot be used to contact Thames Valley Police to report crimes or for any urgent matters. www.thamesvalley.police.uk. Receive free local crime alerts and crime prevention advice by registering at www.thamesvalleyalert.co.uk today.

RosiePoseYoga

New Yoga Vinyasa Flow Yoga Classes
Snells Hall, East Hendred.
Monday 09.00 - 10.15

A dynamic and fun vinyasa flow yoga class with a focus on correct anatomical alignment suitable for all levels. Join me to take time to listen to your body, work on your alignment and incorporate your breath into your practise.
Friday 09.00 - 10.00

A one hour steady vinyasa class with a strong focus on safe anatomical alignment and awareness of your body. Suitable for both beginners and seasoned practitioners who want an opportunity to slow down and work on alignment and breath.

Visit <http://www.rosiepose.yoga/> for more information and details of dates or email rosie@rosiepose.yoga

Citizens Advice Victims and witnesses of hate crime in south Oxfordshire who are unwilling to talk directly to the police now have a place to go to report incidents. You can report a hate incident or hate crime even if it wasn't directed at you personally. Contact Citizens Advice in person during opening hours or on the telephone (Adviceline 03 444 111444). For locations of offices and opening hours see www.citizensadvice.org.uk/local/oxfordshire-south-vale

For Sale

Flymo garden vacuum 2200w Turbo +
unique leaf shredder
£40 ono
As new, never used
862331

The deadline for next month's Newsletter is 25th November

Hand delivered items – please place your article in an envelope marked clearly 'WH Newsletter' and deliver to Janet Trotman, Tean, The Milham
Tel: 833531

Alternatively, you can send items for inclusion to our email address: newsletter@westhendred.net

YOUR VILLAGE NEWSLETTER NEEDS YOU!

The newsletter team are looking for another editor to join the team.

We like to run with 3 editors, this means you only have to edit the newsletter 4 times a year. A good knowledge of word is very helpful.

For more information please email the newsletter or contact Katy Denne on 821452 or 07769 279031

WEST HENDRED AND GINGE VILLAGE HALL NEWS

HALL LETTINGS All hall enquiries/bookings should be made via email to villagehallbookings@westhendred.net . Web Site: www.westhendred.net .

Bookings Team – Vacancy 1 vacancy in the West Hendred Village Hall bookings team of 3. Be a part of village life. No previous experience necessary. Please contact villagehallbookings@westhendred.net if you would like more information about the role.

DATES FOR YOUR DIARY

Friday 30th November – Whalebone in West Hendred Shortlisted for the music performance of the year, national rural touring award 2018, Whalebone are bringing their unique acoustic instrumental folk music to West Hendred for one night only. **Tickets now on sale from Whvhbookings@gmail.com £10 per ticket** excluding food, drink. Bar and light food available on the night <http://www.whalebone-music.com> for more information

Sunday 16th Dec – Christmas event & Hall opening pictures formal unveil 2-4pm Please get this date in your diary! We will have the formal unveil of a Beryl Maile picture donated to the Village Hall, and also the formal unveil of pictures etc. of the hall's opening on 12th June 2005. Do come along for your mince pie, and mulled wine, tombola, raffle, and childrens lucky dip. Proceeds are to the village hall's winter heating bill.

REGULAR EVENTS AT THE HALL INCLUDE:

KONGA every Friday term time. 9.30 - 10.30 am £5 per class. NEW! Konga is a fusion of Boxing, Cardio, Dance & Sculpting set to the hottest sounds of music. This fitness routine is designed to get results through increasing fitness levels and redefining your physique. Can burn approximately 700 calories from one class. For more information Contact Rachel Lock on 07801 824293.

Youth Club – Next meets in December The Youth Club next meets in December – More details in next issue. The Youth Club meets usually on the third Friday at 7 pm. Please contact for more information, Penny Meston. **Adult helpers are urgently needed!** Anyone interested in helping to run the youth club should contact Penny. We need adult helpers to go on a Rota. If we get enough, it could mean only helping once or twice a year as it is a monthly Youth Group. Please contact Penny: 01235 832113.

Coffee Morning, plant, and book sale – Saturday 24th November 10 am – 12 noon Thank you to all who came to the October sale which raised £70-10. Thank you for your support! Many nearly new cookery and children's books! Also a variety of hardy plants, and an November special of Quinces – with recipes list! All proceeds are for the Village Hall. Please contribute - Hugh and Annabel on 833174.

Mother and Baby/Toddler Group Monday mornings' 10.15am to 11.45. Get together in the hall and meet/chat to other local mothers. Fathers welcome too. Just drop in

West Hendred Stitchers - meet on 2nd & 4th Tuesdays in the month 10am - 4pm. Open to everyone who'd like to stitch with friends in a warm and sociable atmosphere. Beginners welcome. Work on individual projects. Tea & coffee provided. Bring own lunch. Further information from Jane Soffe 01235 832554

Family Service – Sunday 21st October 9AM The Family Service and Sunday club at 9AM will be in the Church.

Pilates - Monday evenings 7 to 8 pm, Wednesdays 6 to 7 pm, and 7.15 to 8.15 pm Please contact Charlie Prince on 07581462317, or charlie@princepilates.co.uk , or see Charlie's website for more information about classes etc. www.princepilates.co.uk

YOGA Tuesdays 6 – 7pm Yoga with mindfulness for teens Focusing on strength and flexibility as well as strategies to deal with exam stress and aid relaxation. Ideal as sport or skill for Duke of Edinburgh awards. Classes started again on the 11th September **Thursdays 9.15-10.45 am Yoga for beginners and improvers** Classes started again on the 13th September **Thursdays 11-12.15 Gentle yoga** Classes started again on 13th September For further information on any of these courses and to enrol, please contact Linda on 01235 863647. (British Wheel of Yoga and TeenYoga teacher)

Village Hall Committee Contacts Hugh Rees (Chair) 01235-833174 / 07802-416031 Sarah Lloyd 01235-833373