

WEST HENDRED

NOVEMBER 2023 NEWSLETTER

**Deadline for next Newsletter
25 NOVEMBER 2023**

IMPORTANT! Please can we ask that, if you know of any neighbours who may not have access to the internet, you print a copy off for them and pop it through their door. Thank you.

The West Hendred Christmas Fair Returns

Sunday, December 3rd, 12-3pm in the Village Hall. Great stalls, Festive BBQ, mulled wine, mince pies, Bar and Springline Singers. Raffle, Guess the Weight of the Christmas Cake (to win it) and lots more. Entry: £3 (under 12s free) includes cup of tea or glass of mulled wine. Bring all the family for the start of Christmas fun!

Next Games Evening Friday 3rd November

A later start, a later finish (by popular request), so **from 7.00pm**. £2.50 for adults, 50p for children. Children up to 12 years' old must be accompanied by an adult. Beer, wine and soft drinks available.

Samaritan's Purse Operation Christmas Child Shoebox Appeal 2023

A reminder. Please could we have any completed shoeboxes by Tuesday 14th November and many thanks for those already received. Patsy 835113 and Angela 862912

Oxfordshire 500

Would you like to join Oxfordshire 500? All you need to do is set up a Standing Order of a minimum of £1 a week (obviously if you want to give more that would be brilliant) to Lloyds Business account, Sort code 30-98-97 Account no: 46557962 and email

oxfordshire500@gmail.com

to let us know and then get nominating! Oxfordshire 500 is based on the idea that a group of members (who are anonymous to each other) pay a small amount of money

monthly that collectively turns into a donation to a local person, group or cause in the county. It provides a very targeted £500 gift each month that could make a lot of difference to a family or community group that is struggling in some way. Those getting the award are nominated or voted on by the members of Oxfordshire 500 who are monthly contributors. Since November 2021 Oxfordshire 500 has given monthly gifts of £500 – please look at past donations on the history page www.oxfordshire500.com

Rosemary Anne Millard

Mick Millard and the family would like to thank everyone in West and East Hendred for their support and kindness during Anne's final weeks.

Fundraising for Eswatini from Kitty Spurgeon

Kitty is a responsible 16-year-old (almost 17!) who lives in the village. She is saving up for a school trip next summer to Eswatini to help to build part of a local school, so she is very keen to help out locally with any babysitting or domestic/garden chores.

If you need her help, she'd be very appreciative Her number is: 07555 266928.

Holy Trinity Church West Hendred

A message from Nikolaj Christensen, Rector of the Hendreds and Ardington with Lockinge:

In the shadow of a new war in the Middle East and continuing conflicts in Ukraine and elsewhere, we will gather on Remembrance Sunday, 12th November, to remember the cost of war and to remember those who have given their lives to keep others safe and free.

Our Sunday service takes place at 9:30 as usual and will include the Act of Remembrance. All welcome (as always).

Holy Trinity Church, West Hendred, Christmas Cards

We have two designs of Holy Trinity Church, West Hendred. The cards are in packs of 10 (with envelopes), £5 per pack, and are sold in aid of repairs to the Church. The packs will be available at the church, which is open every day. You can pay by cash, cheque payable to West Hendred PCC. Also, you can pay on-line via the Donate on our home page at

<https://www.achurchnearyou.com/church/6046/>

Look out for pop-up sales, which we're hoping to do closer to Christmas. We have one design using a photograph taken in February 2019, printed to high standard. We also have the very popular 2009 design, re-printed on high-quality textured card. The greeting inside the card is:

*Best Wishes for
Christmas and the New Year*

Also available are packs with no greeting inside the card. Further information from Hugh and Annabel Rees on 01235-833174.

Holy Trinity West Hendred Oxford Historic Churches Ride and Stride – Saturday 10 September

A message from Hugh Rees: "As I write this in late October, it's only 6 weeks since Ride & Stride – what a change in the weather! That day the temperature reached 29C, and with only a light wind.

I opened Holy Trinity Church at about 9.15am, and then set off to East Hendred and from there to Steventon church and then on towards Milton. Due to the heat I had to wait about 15 minutes at Steventon level crossing, as the trains were running very slowly due to the effect of the heat on the tracks. From Milton, I went on to Sutton Courtney; the church's interior has much from the Seventeenth century, and its churchyard is where George Orwell (Eric Blair) is buried. On to Abingdon and Radley. I was verger for a wedding so I did R&S in 2 parts returning to West Hendred from Radley and then resuming again at 4:30pm – a bit later than I'd anticipated. Annabel was the taxi-driver for me. She had a good look round Radley Church, which has woodwork from the Houses of Parliament, that Charles 1 was

after for his parliament in Oxford – his HQ in the civil war...

The parliamentary troops surrounding Oxford had put a chain across the Thames so they could control the river traffic. So, the Royalist folks offloaded the woodwork they had taken out of Westminster and put on a barge and left it in the church; Radley's chancel was the beneficiary!

From Radley, I wended over to Sandford Lock, where lots of people were swimming in the Thames. There's a short yet steep rise to the church, and then to Littlemore, where after visiting the parish church, I was able to look round Newman's College, and from there I cycled to Cowley and Iffley, and then Bartlemas Chapel, just off the Cowley Road. It's a former chapel to a leper hospital founded by Eleanor of Aquitaine, but due to the heat was closed due to an infestation of flies! I did manage to get to central Oxford, despite a few delays due to the heat. A bit of a mad dash around the centre, endeavouring to nab as many churches as possible – fortunately as I was born and grew up in Oxford, I've got a good knowledge of the city. I finished at the Greek Orthodox church in Canterbury Road in North Oxford. Such a great variety of churches in both style and setting! I clocked up 38 churches. Money continues to come in from sponsors. The total so far received is £400, with quite a lot more yet to come in.

Thank you to all who have sponsored."

Weekly Ironing West Hendred

One basket ... quote your rate! Please pass on to anyone you think might be interested. Contact Sarah on 07798 623601.

New member of the West Hendred Newsletter Editorial team required!

We have a vacancy to help us gather information for this monthly newsletter to join our team of three. So, it's only a quarterly commitment and quite straightforward editing ... if you'd like to volunteer, please contact Jane John by email: newsletter@westhendred.net

The deadline for items for next month's newsletter is 25th November.

Please email to
newsletter@westhendred.net

West Hendred and Ginge Village Hall News

All hall enquiries/bookings should be made via email to villagehallbookings@westhendred.net or www.westhendred.net

Current Events

The West Hendred Christmas Fair - Sunday, December 3rd, 12-3pm

Great stalls, hot snacks, mulled wine, tea and mince pies, raffle and Guess the Weight of the Christmas Cake. Entry £3 includes a cup of tea or mulled wine (under 12s free).

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West Hendred Stitches - SECOND & FOURTH Tuesdays in the month 10am-4pm

West Hendred Stitches meet on the SECOND and FOURTH Tuesdays in the month.

Any craft. We are a self-help group i.e. we help each other and share our knowledge. We have a lovely light hall with easy access. Coffee & tea provided. Please bring your own lunch.

You are welcome to visit. Call me, Jane Soffe, for details on 07455 076584.

Kyokushin Karate Club - from September on Mondays

Attention all beginners! Ready to kick-start your karate journey? Join our Kyokushin Karate Club in West Hendred Village Hall from September onwards on Mondays. The costs of the training will be £6 per lesson (reduction for more than one family member). Children class from 5-5:45pm / Adults class 5:45-7pm. Beginner-friendly classes designed to empower you. No experience required!

Discover the art of self-defence, build strength, flexibility and confidence. Expert instructors will guide you every step of the way, ensuring a safe and supportive environment. Reserve your spot today and unlock your full potential! Call or message now: 07446 469488

Pilates - Mat classes Wednesdays 6 -7pm

Classical and modern Pilates exercises, incorporating myofascial release techniques to alleviate stress and muscle tension. We focus on maintaining and improving the 6 main Pilates principles: Breath, concentration, control, precision, centring, and flow.

All levels welcome. I will provide modifications and more advanced versions of the exercises to suit different abilities. I provide all mats and equipment, but you are of course welcome to bring your own. Please get in touch to book your first session or for more information please contact:

Charlie Prince on 07581 462 317, charlie@princepilates.co.uk or visit my website:

www.princepilates.co.uk

YOGA

Gentle / Chair Yoga

Tuesdays 10 – 11 am (on Zoom) / Wednesdays 10 – 11 am

Hatha Yoga

Wednesdays 4.30 – 5.45 pm / Thursdays 9.30 – 10.45 am

Please contact me for further information on 01235 863647 or linda@soderstrom.myzen.co.uk

Not sure if yoga is for you? Contact me and arrange for a free trial lesson.

Linda Davey – British Wheel of Yoga Teacher and Yoga Therapist / Yoga in Healthcare Alliance.

Village Hall Committee Contacts

Hugh Rees (Chair) 01235-833174 / 07802-416031

Stefan Povolotsky 07460-727374